# AFFICHAGE DES ALLERGENES PRÉSENTS VOLONTAIREMENT DANS LES MENUS - Collège- Lycée

| | GLUTEN | LAIT | OEUF | POISSON | SOJA | MOLLUSQUES / CRUSTACÉS | SÉSAME | ARACHIDE | MOUTARDE | LUPIN | CELERI | FRUITS A COQUE | SULFITES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Vinaigrette | | | | | | | | | X | | | | X |
| Pain | X | | | | | | | | | | | | |
| Fromages et laitages | | X | | | | | | | | | | | |
| **lundi 16 juin 2025** | | | | | | | | | | | | | |
| Salade de radis et pommes râpés | | | | | | | | | X | | | | X |
| Salade de lentilles | | | | | | | | | X | | | | X |
| Salade verte | | | | | | | | | | | | | |
| Poulet au curry | | X | | | | | | | | | | | |
| Filet de poisson aux petits légumes | X | X | | X | | | | | | | | | |
| Riz safrané | | | | | | | | | | | X | | |
| Brocolis aux amandes | | | | | | | | | | | | x | |
| Flan caramel | | X | X | | | | | | | | | | |
| Éclair chocolat | X | X | X | | | | | | | | | X | |
| Compote sans sucre ajouté | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | |
| **mardi 17 juin 2025** | | | | | | | | | | | | | |
| Riz niçois (riz, œuf dur, thon, mais) | | | X | | | | | | X | | | | X |
| Chou rouge et pomme | | | | | | | | | X | | | | X |
| Salade verte | | | | | | | | | | | | | |
| Omelette à la ciboulette | | X | X | | | | | | | | | | |
| Chipolatas aux herbes | X | X | | | | | | | | | | | |
| Carottes et panais braisés | | | | | | | | | | | | | |
| Purée de pomme de terre | | X | | | | | | | | | | | |
| Quatre quarts | X | X | X | | | | | | | | | | |
| Marbré au chocolat | X | X | X | | | | | | | | | | |
| Crème dessert au caramel | | X | X | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | |
| **mercredi 18 juin 2025** | | | | | | | | | | | | | |
| Œufs durs | | | X | | | | | | | | | | |
| Pâté de campagne | | X | X | | | | | | | | | | |
| Salade verte | | | | | | | | | | | | | |
| Croque Monsieur | X | X | X | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Frites | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| Chou chantilly | X | X | X | | | | | | | | | | |
| Tartelette poire amandine | X | X | X | | | | | | | | | X | |
| Compote sans sucre ajouté | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | |
| **jeudi 19 juin 2025** | | | | | | | | | | | | | |
| Macédoine vinaigrette | | | | | | | | | X | | | | X |
| Pomme de terre Strabourgeoise | | | | | | | | | X | | | | X |
| Salade verte | | | | | | | | | | | | | |
| Keftas de boeuf aux épices | X | | X | | X | | | | | | | | |
| Cube de colin aux épices | | | | | | | | | | | X | | |
| Semoule couscous | X | | | | | | | | | | | | |
| Courgettes fraiches au cumin | | | | | | | | | | | | | |
| Brownie coco | X | X | X | | | | | | | | | X | |
| Dés de pêche au sirop léger | | | | | | | | | | | | | |
| Salade de fruits frais | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | |
| **vendredi 20 juin 2025** | | | | | | | | | | | | | |
| Boulgour aux raisins | X | | | | | | | | X | | | | X |
| Betterave à l'échalote | | | | | | | | | X | | | | X |
| Salade verte | | | | | | | | | | | | | |
| Beignets de poisson | X | X | X | X | | | | | | | | | |
| Paupiette de dinde au jus | X | X | X | | | | | | | | | | |
| Haricots verts persillés | | | | | | | | | | | | | |
| Farfalles | | | | | | | | | | | | | |
| Mousse chocolat | X | X | X | | X | | | | | | | | |
| Gâteau ananas | X | X | X | | | | | | | | | | |
| Compote sans sucre ajouté | | | | | | | | | | | | | |
| Corbeille de fruits | | | | | | | | | | | | | |